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Subject: : Tips and Tricks

Topic: : safety: fishing rough, remote topography

Re: safety: fishing rough, remote topography

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URL:

I have always been interested in this topic. I have the SAS Survival Handbook, (Older large version), and have always been interested in preparedness and Survival skills.

However, this past summer I jumped in my truck with some camera and fishing gear and decided to try a 22 mile hike on the "AT". I drank maybe a quart and a half of Gatorade on the way there thinking that would be plenty. Hiked over an 1,100 ft. ridge and just kept walking and walking in one direction for about 9 miles when I realized the hot humid air was getting to me and it was getting late. I was drenched in sweat and thirsty the entire trip back and ended up drinking water from a ground seepage.

I will not make that mistake again. Make sure you bring enough water with you. I went out after that and bought an extra large water container.

I always keep a survival kit in my truck in case I want to stow it, which contains all kinds of useful goodies and I usually carry a Leatherman and a substantially large pocket knife.