

Subject: : Gear Talk

Topic: : Cold weather/water gear

Re: Cold weather/water gear

Author: : jaybo41

Date: : 2007/9/20 15:52:13

URL:

Just to serve as a few examples for you...

[Redington](#) makes a nice lightweight top that's perfect for a liner for all seasons. Their stuff is reasonably priced and performs well.

My favorite top, although on the expensive side is by [Simms](#). Perfect for fall and winter.

[This one](#) is good too.

Over top any of these, I'll go with a heavier weight fleece for insulation and wicking. On top of that, I'll wear a vest, or some sort of shell type jacket. LL Bean makes some nice softshells that are priced well and will perform. Plus you've got the LL Bean guarantee.

Not saying you've got to get any of these to find good products, but these will give you an idea of what works and what to look for. As an example, I had been using underarmor boxer briefs to work out with, and also for underwear when fishing. I found performance underwear at Kohls for 1/2 the price that I actually think are better. They are much more breathable. Same thing for wicking tops. I found some Champion t-shirts for working out at Target, 9 bucks compared to 30 for one with a swoosh. Look around if price is a concern there are alternatives. With that said, the Simms Rivertek shirt is worth it's weight in gold. By far my favorite shirt to wear to serve as a layer.

As for socks, I like the smart wool type of socks with a liner sock. Nylon dress socks are the cheapest way to go and they work very well pulling moisture away from your skin. I've got a few pair of liners, but the dress socks are too cheap to pass up and perform well.

The key from there is to test out what you have and see how warm or cold you are. Add or remove layers as needed, but always be sure to stay away from cotton and you should be good. Comfort is key to spending long days on the water!