

Subject: : Gear Talk

Topic: : Cold weather/water gear

Re: Cold weather/water gear

Author: : jaybo41

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URL:

The best suggestion as far as layering goes that I can offer is to make sure that the first layer of material on your skin is anything but cotton. It will absorb moisture, and in the winter make you cold. Wools, fleeces, nylon, anything that wicks. Socks, especially, but also pants and shirts. Fleeces are excellent for layering. They're light and they wick away moisture and they're warm.

As far as hats and gloves goes, I like a fleece hat and fleece gloves. I use the fingerless gloves, but plan on getting the ones with the fold over mits this winter.

You will need to determine how warm you need to be and layer accordingly. I am warmer natured, so generally, I use a medium weight pair of fleece lined pants and then a heavy weight fleece over top in the winter. A liner pair of socks and then a heavy weight pair of socks are good in the winter for me. On top, I'll wear a liner shirt or sometimes a Under Armor Cold Gear top and a fleece over top. Then either a fleece vest, jacket or a wading jacket depending on conditions and temperature.

As far as waders...I use lightweights year round but layer accordingly. Lightweights are much more comfortable during the spring/fall than neoprenes. I have contemplated getting neoprenes for the winter, but they would be stockingfoot not boot foot. Bootfoots are warmer than stockingfoot so they are ideal for the winter. The drawback to bootfoots are they are cumbersome, less comfortable and can be heavier than stockingfoots.

Hope that helps.