

Subject: : Tips and Tricks

Topic: : What do you eat while your are on the water?

Re: What do you eat while your are on the water?

Author: : lestrout

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URL:

the other foodie MO for me when I spend full days on the water is a BIG breakfast - a rancher's steak'n eggs will keep the energy up. When I'm in the Catskills, a local variation at the Greek's suffices.

tl

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