

Subject: : Tips and Tricks

Topic: : What do you eat while your are on the water?

Re: What do you eat while your are on the water?

Author: : jaybo41

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URL:

It all depends on where I'm fishing. When I'm in the ANF, I generally get a bowl of cereal before I leave in the morning. On the water, it's granola bars and yogurt covered raisins. Then I'll take a break and go back to my jeep for a sandwich, banana and some gatoraid. Jerky in the afternoon, granola bars are a staple with me. I always have water with me on the stream. Coffee in the mornings too.

That's pretty much sun up to sun down, with a half hour-hour for lunch by the time I get back to the vehicle.

If I'm doing a day trip, then it would have to be granola bar, yogurt covered raisins and jerky. Banana before I go out and maybe another extra back in the vehicle just in case.

Sometimes I'll also take sunflower seeds or some sort of nuts.