

Subject: : Tips and Tricks

Topic: : What do you eat while your are on the water?

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Author: : acristickid

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I am looking for new snack ideas to eat while on the water.

For day trips; I try to eat before getting on the stream and take snacks. If I am base camped somewhere might make sandwiches if I don't think I will be back to camp till dark.

My usual snacks: Poptarts, bag of nuts-prefer cashews or pistachios, jerky, rice crispy treats.

Whats your Favorite? I need something new.