

Subject: : Beginner Forum

Topic: : First time out

Re: First time out

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URL:

Rushing the backcast will definately snap flies off. Later, when you learn to slow down, you may still be rushing the cast a little. That will rob you of power (and this distance) and accuracy.

A good drill to learn more about your backcast is; go to a spot where you can lawn cast. Cast side arm. When you come the the time in the back cast when you think you should go forward, drop the rod tip to the ground. The line will fall to the ground in whatever shape it was when you dropped your rod tip. If it's still rolling out behind you, you know you are rushing the cast. Practice holding the rod still after the speed up and stop on the backcast until you can drop the rod and the line is (fairly) straight.