

Subject: : Tips and Tricks

Topic: : Set. The. Hook.

Re: Set. The. Hook.

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As other have said, more often than not missed sets are due to setting the hook too quickly. When you see the take, wait half a second and in a steady controlled manner set the hook by lifting and pulling the rod back and to the side. And there's another reason for this, I have fished heavily pressured waters where the surface "take" really isn't a take but rather a sink and the actual take happens underwater, as if this is the trout's mechanism for determining fakes from real ones - real ones stay submerged while fakes disappear - so delaying the set half a second or so will allow the fish to actually retake the fly subsurface. I've seen this phenomenon happen on more than one occasion and on more than one stream.