

Subject: : Beginner Forum

Topic: : AM Or PM Fishing

Re: AM Or PM Fishing

Author: : Fishidiot

Date: : 2010/5/25 22:47:50

URL:

Arbor,

Trout feed 24 hours per day but will often seek the times when water temps are ideal for them (50-65 degrees F). In cold winter weather, mid day is often best because that's when temps are warmest. By summertime, with water temps high, trout feed best in the early morning when it's coolest - or at nighttime.

This time of year, with moderate weather, trout fishing is often best in the evenings as this is when insect/hatch activity tends to be highest. Some hatches occur in the morning, such as tricos, but most hatches are heaviest in the evening or right at dusk.