Subject: : Beginner Forum
Topic: : how do you cast weighted flies?
Re: how do you cast weighted flies?
Author: : afishinado
Date: : 2010/3/15 6:40:26
URL:

Quote:

> littlelehigh wrote:
> Lately I've been throwing lead eye flies with a normal casting stroke as described above (backcast, feel the weight pull then forward cast). But I have been doing something different as well.
>
> If I can explain this right:
>
> My intended target is say 30' away I keep my casting stroke when extended to approx. half that distant. On my final forward cast I give it a little extra punch and allow the line to slide through my hand which I have found if done correctly can lay out a cast 2x the length of my false casts.
>
> I am sure there is a technical term for this type of cast and it does take practice and a heavily weighted fly along with no obstactles in the way of your false casts but it does allow me to reach further than a roll cast and when conditions do not allow for a water haul.

You're shooting line on the forward cast. The extra weight on the line is acting like a haul I would guess. This is a great way to cast a weighted fly.

In the back yard, try practicing a single and double haul. It's real handy to be able to shoot line on the cast as opposed to making many false casts to work your line out to a distant target.