

Subject: : Beginner Forum

Topic: : how do you cast weighted flies?

Re: how do you cast weighted flies?

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URL:

Lately I've been throwing lead eye flies with a normal casting stroke as described above (backcast, feel the weight pull then forward cast). But I have been doing something different as well.

If I can explain this right:

My intended target is say 30' away I keep my casting stroke when extended to approx. half that distant. On my final forward cast I give it a little extra punch and allow the line to slide through my hand which I have found if done correctly can lay out a cast 2x the length of my false casts.

I am sure there is a technical term for this type of cast and it does take practice and a heavily weighted fly along with no obstacles in the way of your false casts but it does allow me to reach further than a roll cast and when conditions do not allow for a water haul.