

Subject: : Beginner Forum

Topic: : how do you cast weighted flies?

Re: how do you cast weighted flies?

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URL:

I like the roll cast, or the flip (using the weight of the fly and the current just to throw it back upstream).

If you gotta backcast, and sometimes you do, come back hard on the backcast, but then extend the pause till you feel the weight. For a long line, the forward cast is slow, more of a lob like a spinning rod, with an open loop. For short line high sticking, I like a tuck cast. You still have the long pause till you feel the weight, but come forward hard and aim for a spot about 4 foot above the water. You want to uncoil the loop at maximum line speed. Then pull back and shock it a bit right as the line straightens out. The nymph(s) will dive straight down with force, it gets the flies on the bottom quicker.