

Subject: : Gear Talk

Topic: : Winston TMF ?'s Re: Winston TMF ?'s Author: : afishinado

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Great info from Greenweenie and abbrod, they really know their stuff.

In this article are photos to demonstrate what abbrod wrote about rod action and rod power:

http://www.rajeffsports.com/power\_action.php

Here is a great explanation on how many people select a rod that fits their style of casting:

"So which rod is better for you a stiff or a soft rod? How the heck should I know? I've never even seen you cast!

As a rule if you were born with muscles that feel best making longer slower motions than you might like a softer rod. You are a distance runner, a painter who makes long smooth brush strokes, or a Tai-Chi in the park kind of person. Maybe you like reading excerpts of Robert Frost in between casting strokes. You have what some people call long muscles. You don't feel comfortable having to come up with that explosive power application needed to bend a stiff rod. Don't worry we still love you. (Awwwwwww!)

If you were born with an abundance of fast twitch muscles you might like a stiffer rod. You are a sprinter, shot putter, a jumper, or a boxer with a great jab. Or maybe it's just all that caffeine. Your explosive burst of acceleration will be enough to bend a stiff rod and will result in good loops."

link to source:

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