I keep track of how many fish I catch throughout the day, so that when I get home I can answer my girlfriend how many fish I caught. Same with fishing friends and relatives that knew I would be on a certain piece of water that day. After a month or so I forget. Now I just remember numbers as "a lot" or "a few", and honestly, a lot and a few could both be 4, or 5 or 7. I know that I've caught a lot of fish on Kinzua creek during the E. alba hatch before, but I couldn't tell you if "a lot" was 7 or 27.

I absolutely remember numbers when they have a sense of accomplishment to me, like the day I caught two 6in browns on the Neshannock on a dry fly more than two weeks before the statewide opener (yes, it was the DHALO area). Or the first fish I caught on a fly (and the next 3), a brown bivisible, all the same day.